My primary purpose for writing is to start the day with something I enjoy and to feel more positive and satisfied.	I am open to experimenting with AI to make the writing process more enjoyable and efficient.
Writing time is like "play time" for me.	Starting with 15 minutes of writing per day is a good way to begin if I feel uncomfortable setting aside more time.
With 30 minutes of writing per day, 5 days a week, I can easily publish a 40-page book in 2 months, 80-page book in 4 months, a 120-page book in 6 months or a 240-page book in 12 months.	The book I am writing may not make me a full income, but that doesn't matter because the return of joy I get on my time investment is worth it.
It makes me feel rich to spend time on something that I don't care about making money from.	By allowing myself to do something I enjoy, even if it doesn't make me money directly, it will lead to other opportunities and insights that will ultimately bring in more money and financial success.
Writing a book is an easy way for me to feel rich and happy.	I am willing to spend money on things that bring me joy and fulfillment, one of these things is writing and publishing books.

I am able to design my own book covers and use online editing software or artificial intelligence tools to save costs when publishing a book.	My goal is to enhance my joy for life through the process of writing and publishing a book, and I am willing to allocate budget for that, even if it's small.
I am open to hiring professional editors for future books if budget allows.	My goal is not to publish the most polished book, but to have an enjoyable experience through the process of writing and publishing a book.
I enjoy writing and that is what makes me a "real" author, regardless of the length of my book	A book is a "real" book not due to its page count, but whether it keeps the promise of its title, and there is a market for "shorter" books if that is what I feel like writing.
I allow myself to write and publish books even if I don't have an audience on any platform.	Tapping into and nurturing my joy for creating books is going to be more responsible for my monetary success as an author than whether I have an audience or not.
I understand that writing a book is not about competing with other authors or sharing my message, but about bringing joy to my life.	I trust that there is always room for new voices and perspectives in the writing world.

My priority for writing a book is to maximize the joy I experience, so I'm open to go ahead with a "bad" book idea instead of not writing at all.	If bad book ideas are all I get, they are good enough for me to do what I enjoy.
I am confident in my ability to find joy and fulfillment in my writing, regardless of the popularity or profitability of my book idea.	I believe that doing what you enjoy is always a good idea.
I am open to the possibility that the current book idea may lead to greater opportunities and amazing future book ideas.	I'm qualified to write a book about anything due to the fact that I enjoy writing books.
I can write a book about anything, even if I have no personal experience, no formal education or qualifications, and no other expert to back me up. All I need is the desire to write the book and the knowledge that I'll enjoy it.	I embrace my writing journey, even if my ideas are not entirely new.
I write because I enjoy it, instead of waiting for the perfect, unique book idea.	I allow myself to enjoy the writing process, even if I don't yet know the final book title.

I trust that the right book title will show up for me, and if it's not there yet, that's okay.	I trust in the creative process and allow the number of chapters in my book to unfold naturally
I embrace the unexpected and allow ideas	I prioritize joy and freedom in my writing
to come to me in the moment, even if they	process and make choices that support my
deviate from my original outline	unique needs and preferences
I acknowledge that every author's process is unique and find what works best for me, whether that be a detailed outline or a simple one	I embrace my love for writing books
I am chosen to write books because of my	I am grateful for the gift of enjoying my life
enjoyment of the activity.	through writing books
I trust my creative flow and write even when	My loose outline and writing out of order
I don't know what's next	helps me maintain my creative momentum

My writing pace and flow varies and that's okay	I allow my words to flow freely without judging them
I view writing as a conversation, allowing my words to flow easily	I embrace my natural writing speed and know that it is sufficient for me
Writing speed is not a measure of success, but the enjoyment of the process is	I am excited to hold my finished book in my hands and add it to my bookshelf
I allow myself to keep writing, even if I feel insecure at times	I am in control of how much I share of myself as an author and make choices that align with my values and desires
I allow myself to write books on seemingly unrelated topics when I feel like it	I choose to write this book, despite any doubts or fears that it may not be the best decision for my career

I acknowledge the voice in my mind that tells me that writing this book is foolish, and I choose to ignore it	Writing this book brings me happiness, and that is reason enough to continue
I am supported by well-documented resources for each step of the publishing process	I approach the publishing process with ease by completing one small task each day
I embrace my creative process and am proud of the enjoyable journey of writing my book	I know that my book's success lies in the joy of creation, not in its reception by others
I allow myself to promote my book as much or as little as I want to	I accept that not everyone may like my book
I am not responsible for making others happy with my book	I acknowledge that people's preferences are shaped by their experiences and background

r-------

I understand that criticism and bad reviews are a normal part of being an author and are not in my control	I use criticism as feedback to improve my book but my primary responsibility is to make myself happy with my book
I embrace bad reviews as a sign of growth on my author journey	I give myself permission to write this book to get back into the habit and enjoyment of writing, even if it remains unread
I write books because the process of doing so enriches my life, that it enriches the lives of my readers is the cherry on top, but not the primary purpose why I write	I embrace the sense of satisfaction and joy that comes from writing a book
I allow myself to experience the joy of writing a book	I acknowledge that I'm a real author for the simple reason that I was born to enjoy writing books
I'm supposed to be writing my book for one reason only: because I know I'll enjoy it	Doing what I enjoy is always the best use of my time