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# Prompts & Links - I Built an Automation That Clones Instagram Reels With My Face (No Code)

(Follow the instructions in this video: <https://youtu.be/nCP9b4xxNmw> )

## **Templates:**

**LITE Version AI Automation Template for Instant Setup:**

<https://fabimarkl.com/wp-content/uploads/2025/09/Template-LITE-Batch-Reel-Cloning-and-Posting-AI-Automation-1.json>

**PRO Version AI Automation Template for Instant Setup:**

<https://fabimarkl.com/automation-templates/#reel-remix>

**Google Sheet Template:**

<https://docs.google.com/spreadsheets/d/1xQDVIDGwbi6f95u3B7cknp-yVsotwYS-deUcpwNly3g/copy>

## **Links:**

**Free Trial for N8N Account:**

<https://n8n.io/>

**Setup OpenAI Account:**

<https://platform.openai.com>

**Get Instagram Video Scraper:**

<https://rapidapi.com/premium-apis-oanor/api/instagram-scraper21>

**Setup Replicate Account:**

<https://replicate.com/>

**Image Model Training:**

<https://replicate.com/replicate/fast-flux-trainer/train>

**Nano Banana AI Image Editor:**

<https://replicate.com/google/nano-banana>

**Image to Video Generator:**

<https://replicate.com/kwaivgi/klimg-v2.1>

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## Setup Blotato Account:

<https://www.blotato.com/>

*\*n8n, and Blotato links are affiliate links that will give me a small percentage of every sale, but have no effect on the price you pay or their free trial.*

## Cost Break Down:

<https://claude.ai/public/artifacts/d2b93149-a55d-4123-bc92-6150da748304>

## Training Instructions for Users

### Understanding the steps in your training

*Steps = how many times the AI studies your photos*

- **2000 steps** = better quality (3–4 min, about \$2–3) – for higher accuracy
- **4000 steps** = maximum quality (6–8 min, about \$4–6) – best possible results

Each image generation after training: \$0.01–0.02 per image

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### Tips for the best results

- Start with 2000 steps for your first training
  - Use recent photos that show you as you look now
  - Provide variety: different clothing, backgrounds, lighting conditions
  - If the results aren't perfect, retrain with more steps
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### Your trigger word

The trigger word “**ohwx**” is your personal identifier.

During training, the AI learned that “ohwx” refers to you.

Always include “*ohwx person*” in your prompts to generate images of yourself.

Without this word, the AI will create random people instead of you.

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